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1. Hand Knit and Rehang

1. Cast on 20-30 stitches on hand knitting needles
2. Hand knit a few rows of ribbing (1x1, 2x2 your choice)
3. Pull out the same number of needles on the machine
4. Carefully rehang the stitches from the needle to the machine needles, taking care not to twist the stitches
5. Knit for a few inches and drop the work from the machine (or practice a bind off method)



2. Hand Manipulate Ribbing

1. Cast on 20-40
2. Knit 8 rows
3. Drop the 3rd stitch from the right and re-latch
4. Skip a stitch, drop and Relatch
6. Continue Across the swatch
7. Knit for a few inches across all needles
8. Drop the work from the machine (or practice a bind off method)

3. Mock Ribbing

1. Cast on 20-40 stitches over every other needle. Use the cast on method of your choice. (Make sure every other needle is out of work)
2. Knit 15-20 rows (twice the desired length of your ribbing)
3. Pick up the cast on edge and rehang it on the empty needles
4. With all needles in work, knit 1 row across all needles
5. Knit for a few inches and drop the work from the machine.