



Welcome to the Knit it Now LK-150 Quickstart Course

ACTION ITEM	LESSON	DETAILS	NOTES
☐ Watch the LK-150 Quick Start Welcome Video	Welcome	Join me as I welcome you to the course and give you a glimpse of what's to come as you move through the lessons in this course and take action steps on your journey to learn about your LK-150	
☐ Print the LK-150 Quick Start Checklist	Welcome	Don't miss a thing! Track your progress with the checklist	

Setting Up Your Machine

ACTION ITEM	LESSON	DETAILS	NOTES
☐ Use your manual	Set Up your Machine	Keep your manual on hand as you knit. Don't be afraid to write notes in your manual or add sticky notes. Download a PDF version for quick reference	
☐ Print the Setup Checklist	Set Up your Machine	If you take your machine down and set it up often, this checklist will prevent you from missing a step.	



Getting Started

ACTION ITEM	LESSON	DETAILS	NOTES
☐ Thread up your machine	Getting Started	Many problems can be avoided by proper threading of your machine. The triangle shaped guide on the mast helps release loose tangles.	
☐ Cast on	Getting Started	Fast 'n easy, you'll use this cast on again and again. Practice this cast on until you can do it in your sleep.	
☐ YOUR TURN: Knit a tension sample	Getting Started	Make sure you set aside 30-45 minutes to work this exercise. Explore tension changes with the tension dial on your carriage	
☐ Study the Stuff you Should Know lessons	Getting Started	Don't Skip these! Click/Tap on the numbered arrows to expand these sections. Read these sections and watch the videos.	
☐ Learn about the Dreaded Stockinette Curl	Getting Started	Plain 'ol Stockinette stitch curls. PERIOD	
☐ Wait! Why Weight?	Getting Started	This may be one of the more common things that trip up new knitters. With experience you will learn how much weight you need to add to your knitting.	



Your Success Depends on This

ACTION ITEM	LESSON	DETAILS	NOTES
☐ Watch ALL of the videos in the first 3 lessons of this section	Your Success Depends On This	I can't stress enough the importance of understanding swatching and measuring gauge. Without being able to obtain accurate gauge measurements AND swatching every time, you WILL NOT have success with your machine knitting	
☐ YOUR TURN: Knit, dress and measure a swatch	Your Success Depends On This	At the risk of sounding like a broken record, knitting "proper" swatch is critical. 'Nuff said	
☐ YOUR TURN: Test Yourself	Your Success Depends On This	The best way to test the accuracy of your gauge is to knit a square based on your measurements. You'd be surprised how many experience knitters struggle with knitting a 6" square. Don't skip this!	



Yarn and a Bit More Tech

Please be patient ... I know you are getting anxious to do some “real” knitting, but the foundation you are building is critical to your success with your machine. Hang in there and dedicate some time to learning these basics

*Your patience
and perserverance
WILL pay off!*

ACTION ITEM	LESSON	DETAILS	NOTES
☐ Watch the videos and absorb the advice	Yarn and a Bit More Tech	Another thing that trips up new knitters is selecting the right yarn. No, you don't need “special” yarn for machine knitting, but there are some considerations.	
☐ Study about Needle Positions	Yarn and a Bit More Tech	Although you won't be working with stitch patterns in this course, understanding the needle positions is essential. The LK-150 can tend to “flip” the levers without you noticing and cause all sorts of problems. Remember: It's the needles positions PLUS the levers that control EVERYTHING! If you are struggling, review this section	
☐ Ready to do More?	Yarn and a Bit More Tech	This section has touched on needle positions and the carriage levers. Once you finish this course (please don't skip the next sections) you'll be ready to explore stitch patterning. The Knit it Now Course “LK-150 Stitch Patterning” is ready for you to dive in	



Cast on Options

ACTION ITEM	LESSON	DETAILS	NOTES
☐ Explore Open vs Closed Cast on Methods	Cast on Options	You are ready to explore some more options for getting your knitting started. Don't move on until you understand the difference between open and closed cast ons	
☐ Learn more about "scrapping on"	Cast on Options	Don't skip this section. You will use this concept almost every time you sit down to use your machine.	
☐ YOUR TURN: Get Knitting! – try different cast on methods for yourself	Cast on Options	Don't just watch videos! Get Knitting! Schedule AT LEAST an hour to try (and master) these methods. NOTE: These aren't the ONLY cast on methods available to machine knitters ... but they will be your "go to" methods, so be sure to try all 3.	



Binding Off

ACTION ITEM	LESSON	DETAILS	NOTES
☐ Explore all the bind off choices	Binding Off	We have lots of choices in binding off. As you work swatches in this course and as you play with your machine, try different methods. You'll discover your favorites, but don't discount other methods.	



Simple Rectangles

ACTION ITEM	LESSON	DETAILS	NOTES
☐ Design a rectangle ... with little math	Simply Rectangles	Use the Knit it Now built-in tool to calculate your rectangle or square based on YOUR gauge and dimensions This is an example of how easy it is to create custom knitting patterns with the Knit it Now Perfect Fit Patterns.	
☐ Estimate how much yarn you need. Why guess?	Simply Rectangles	Use this tool to KNOW how much yarn you need BEFORE you start knitting.	
☐ YOUR TURN: Knit a Rectangle <i>Get Started Get Knitting! →</i>	Simply Rectangles	Tired of knitting swatches and practicing? Schedule time to knit something practical. Make a dishcloth, a scarf, shawl or blanket. There's nothing like the feeling of accomplishment when you finish something!	



Ready for a Project?

ACTION ITEM	LESSON	DETAILS	NOTES
☐ Watch as we knit our Right Angles Blanket	Ready for a Project?	This is a great beginner project that will help cement the concepts you've learned so far	
☐ Build your Dynamic Pattern.	Ready for a Project?	Another example of a Knit it Now Dynamic pattern. Build your pattern based on YOUR gauge and dimensions	

*An expert in anything
was once a BEGINNER*

What's next for you?

ACTION ITEM	LESSON	DETAILS	NOTES
☐ Check out the Knit it Now Quick Wins	What's Next?	Quick Wins are designed as make-in-a-weekend projects for you to have quick success! Visit www.knititnow.com/quickwin	